- The Dima Hasao Medicine Dealers Association held a training workshop on uploading license details on the Ease of Doing Business (EODB) service portal.
- A floral tribute was held to celebrate Bharat Ratna Sudhakantha Dr. Bhupen Hazarika's 100th birth anniversary.
- Anavesh Nunisa, a 36-year-old police officer, shot himself at the residence of the Deputy Commissioner of Dima Hasao district. Despite showing no signs of distress, he was declared dead in the ICU. Nunisa was a former member of the DHD.
- A coordination meeting was held to finalize preparations for the "Great Assam School Shakeout Drills," a statewide exercise on earthquake and fire safety.

NEWS BEARER

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RNI No. ASSENG/2015/66506 ■ VOL 10, ISSUE 05 ■ DIMA HASAO ■ PAGES: 10 ■ PRICE 10.00 ■ FRIDAY, SEPTEMBER, 12 2025

Dima Hasao medicine dealers association holds training workshop on EODB Service Portal

Haflong, Sep 09: The Dima Hasao Medicine Dealers Association organized a daylong training workshop on the furnishing of details of existing licenses (Form 20/21) issued to retail pharmacies and chemists across the district on the newly introduced Ease of Doing Business (EODB) service portal. The programme was graced by Bonrai Rongmai, Inspector of Drugs, Hojai & in-charge of Dima Hasao, who provided valuable insights on the topic. The workshop began with a welcome address and the felicitation of Rongmai with a traditional Assamese gamocha by Nirmal Singh, Chairman of the Association.During the technical session, Rongmai explained the importance of uploading license details on the EODB portal as part of the government's digitalization initiative to ensure transparency and efficiency in pharmacy operations. He gave a live demonstration of the step-by-step process, including data entry, submission of annexures, system acknowledgment, and final approval by the concerned Inspector of Drugs.

Rongmai also elaborated on key provi-



sions of Forms 20-21, Schedules H, H-1, C, and C(i) covering both biological and non-biological drugs, as well as psychotropic substances.

He emphasized the need to strictly maintain records under the Drugs and Cosmetics Act, 1940 and the Drugs and Cosmetics Rules, 1945, which regulate the manufacture, distribution, and sale of drugs and cosmetics to ensure safety and quality.

He further highlighted the importance of displaying valid licenses prominently at pharmacy premises, maintaining hygiene, and ensuring proper cold storage facilities. Assuring his continued cooperation, Mr. Rongmai urged members to follow all regulatory guidelines. Speaking on the occasion, Nirmal Singh encouraged members to comply with the notifications issued by the Drug Controller of Assam to uphold transparency in day-to-day business practices. Members from different parts of the district, including Umrangso, Maibang, Harangajao, and Haflong, participated in the workshop.

They expressed their gratitude to Inspector Rongmai for his valuable guidance and termed the programme an eye-opener, enabling them to improve their operations and serve the community more effectively.

Centennial Tribute to Dr. Bhupen hazarika at haflong

Haflong, Sep 08: To commemorate the 100th birth anniversary of Bharat Ratna Sudhakantha Dr. Bhupen Hazarika, a floral tribute was held at the Deputy Commissioner's Conference Hall. A portrait of Dr. Hazarika was draped in fresh garlands and flowers as officials, staffs, and other memberscame forward to pay homage. The programme also saw lighting of the lamp by District Commissioner of Dima Hasao Munindranath Ngatey. The hall resonated with the timeless melody of Manuhe Manuhor Babe," evoking the lyrical depth and social conscience that defined Hazarika's music.

The centenary tribute continued with a vibrant cultural evening at the Auditorium Hall of Haflong Government College. Music school learners, Col-



lege students, Officials, and Community members gathered to celebrate the maestro's legacy. Prizes were also given for song contest held during the centenary tribute with Emmanuel Tuolor winning the first prize, Anushmita Baishya securing the second, and Seuli Nath receiving the third prize. Donpainon Thaosen EM. i/c of Elementary Education NCHAC. thanked the Deputy Commissioner for the invitation and expressed his gratitude to the Principal of Haflong Government College for their invaluable assistance in organizing the evening, and congratulated all participants. The District Commissioner extended a warm welcome to all attendees and stressed that Assam's strength lies in its unity regardless of caste or region. Reflecting on Dr. Hazarika's monumental contributions as a composer, lyricist, and advocate for social harmony, the Commissioner recalled the numerous awards and honors bestowed upon him, which stand as testament to his enduring impact on Indian art and culture. He concluded by urging that Dr. Hazarika's ideals of compassion, inclusivity, and cultural pride continue to inspire Assam's collective progress toward a brighter, more harmonious future. Keynote speaker Papori Senapati. Professor of English at Haflong Government College, traced Dr. Hazarika's life journey from his early inspirations in Assam to his rise as an icon of Indian music. Distinguished dignitaries in attendance Niranian Hoiai, EM i/c P&RD NCHAC; and Rina Hojai, Chairman of the Haflong Municipal Board, alongside officials from various departments.

Anticipated Prime Minister Inauguration

Agartala, Sep 08: According to officials here on Sunday, Prime Minister Narendra Modi is expected to open the recently renovated Tripura Sundari temple, one of the 51 Shakti Peethas revered by Hindus in Udaipur, southern Tripura, on September 22. According to a top Tripura government source, the Prime Minister's itinerary has not yet been decided, and the renovated Tripura Sundari temple is tentatively scheduled to open on September 22. In order to oversee po-

tential preparations for the Prime Minister's visit, senior authorities, including Director General of Police Anurag, traveled to the Gomati district headquarters in Udaipur on Saturday. To supervise the potential preparations for PM Modi's visit and temple inauguration, Tripura Chief Minister Manik Saha is expected to travel on Sunday or Monday with other ministers, the unnamed source told IANS.

On-duty cop dies by suicide at Haflong DC's residence

Haflong, Sep 10: A tragic incident unfolded at the residence of the Deputy Commissioner of Dima Hasao district, where a young police officer allegedly took his own life while on duty. The incident

occurred around 12:15 AM on Tuesday as Anavesh Nunisa (36), reportedly Nunisa, a resident of Digri village under ing in the 5th Assam Police Battalion. officer had shown no immediate signs earlier on Tuesday, Nunisa had dropped home later in the day, and even spoke to Barely an hour later, the devastating



night when the officer, identified shot himself with his service rifle. Haflong police station, was serv-According to family accounts, the of distress. His wife recalled that their son to school, brought him him on the phone around 11 PM. news of his death reached the fam-

ily. He was rushed to Haflong Civil Hospital immediately after the incident, but despite efforts, doctors declared him dead in the ICU. It is worth mentioning that Nunisa was a former member of the militant outfit DHD (Jewel faction), who had returned to mainstream society after surrendering. Following his rehabilitation, he was appointed to the Assam Police. On Wednesday, after a post-mortem examination at Haflong Civil Hospital, his mortal remains were handed over to his family by the police.

Haflong gears up for statewide earthquake and fire safety mock drills

Haflong, Sep 10: A crucial coordination meeting was held at the Conference Hall of the Deputy Commissioner's Office, Haflong, to finalise preparations for the "Great Assam School Shakeout Drills," a mega statewide exercise on earthquake and fire safety scheduled for 13 October 2025. The initiative, mandated by the Assam State Disaster Management Authority (ASDMA), will be simultaneously carried out across all districts of the state, including Dima Hasao, with active participation from schools and allied agencies. The meeting, chaired by Additional District Commissioner (ADC) Sangita Devi, brought together senior officials and stakeholders such as Smt. Rebeca Changsan, Secretary of NC Hills Autonomous Council, Ricky Bora Phukan, District Project Officer of DDMA, Nirmal Singh, District Secretary of the Indian Red Cross Society, officials from the District Education Department, the Fire & Emergency Services Response Team, the Inspector of Schools, Dima Hasao, and dedicated DDMA volunteers. Officials emphasized Shakeout Drills' objectives to build student and staff resilience in real-time emergency scenarios, focusing on evacuation protocols, safety measures, and coordinated response in school structures.

As per ASDMA's guidelines (Ref. No. 682766 dated 21-08-2025), the following key preparatory actions were outlined: Identification of Schools: Each education block will nominate schools to participate, providing detailed information including UDISE codes, Headmasters' names, School Safety Focal Point Teachers (SFPTs), and the operational status of the School Disaster Management Committees (SDMCs) and School Safety Teams (SSTs). Nomination of Focal Point Teachers: Schools must designate one SFPT, with complete particulars such as name, gender, contact number, and email. Strengthening Insti-



tutional Mechanisms: Schools were reminded to formally constitute both SDMCs and SSTs in line with ASDMA norms. Submission of Compliance Documents: All participating schools must submit Annexure-A to the District Disaster Management Authority by 10 September 2025. The district has identified 29 volunteers

to support ground level mock drills, and orientation training programs will be conducted for both volunteers and focal point teachers. The district administration, education authorities, and disaster management agencies reaffirmed their commitment to making the "Great Assam School Shakeout Drills" a success.

The opposition vice presidential candidate's meeting with Lalu Prasad is criticized by the BJP

New Delhi, Sep 10: The opposition's vice presidential candidate, Justice B. Sudershan Reddy, was the target of a full-scale attack by the Bharatiya Janata Party (BJP) on Monday for meeting with Lalu Prasad Yadav, the leader of the Rashtriva Janata Dal (RJD), who was convicted in the multi-crore fodder scam. Speaking at a press conference, BJP spokesperson Ravi Shankar Prasad criticized the former Supreme Court justice's calls for morality and integrity in public life and questioned how his association with a convicted politician would benefit the election campaign for the second-highest constitutional office he is vying for. Lalu Yadav has been found guilty of a number



of scams, including the improper selling of rail-way properties and railway positions for scam. In addition to convictions, he is facing more charge sheets that are under trial. What message does Mr. Reddy hope to convey by meeting him? "What?" asked Ravi Shankar Prasad. He called their conference "hypocri-

sy in extreme," urged the opposition's V-P candidate to refrain from boasting about conscience, and asserted that he was the one tearing high morality and probity to shreds. Justice Reddy's meeting with the fodder scam convict is worthy of condemnation, and we condemn it in the strongest terms," the BJP

leader added. Additionally, he attacked the retired judges who publicly expressed their support for the controversy surrounding the "Salwa Judum" ruling a while back and questioned their silence during the most recent instance of a convicted political figure sharing space with a former SC judge vying for V-P office. Amit Malviya of the BJP IT cell also made fun of Justice Reddy's meeting with RJD chief Lalu Yadav earlier in the day, calling it a "outright hypocrisy.'

B Sudarshan Reddy recently met fodder scam criminal Lalu Prasad, who isn't even a member of parliament and has no vote in the VP electoral college, he stated, sharing the photos on X.

22 locations nationwide are raided by the National Investigation Agency (NIA)

New Delhi, Sep 09: As part of a continuing investigation into a significant terror conspiracy case, the National Investigation Agency (NIA) conducted raids at 22 locations across five states and one union territory on Monday. The coordinated operation started early this morning and covered eight places in Bihar,



one each in Karnataka, Maharashtra, Tamil Nadu, Uttar Pradesh, and Jammu and Kashmir, according to official sources. Personnel from the Central Reserve Police Force (CRPF) and state police units actively supported the raids, guaranteeing their successful execution on the ground. Several homes and businesses suspected of being connected to members of radical organizations were inspected by officials during the searches.Official sources claim that investigators have confiscated digital data, communication devices, electronic devices, and damning documents. These items will now be subjected to technical and forensic examination. The case being investigated involves a plot to commit acts of terror, the recruiting of young people, the raising of money, and the creation of sleeper cells to carry out illegal actions around the nation. Official sources stated that "the evidence gathered is anticipated to be crucial in establishing connections between suspects and banned outfits operating both within India and across the border." According to official sources, the focus of Monday's operations is Jammu and Kashmir, with nine distinct locations being inspected. The accused individuals whose homes were seized on Monday are said to have connections to networks that operate outside of India.

Trump realized his mistake regarding India

New Delhi, Sep **08:** Former Indian diplomat KP Fabian said on Sunday that US President Donald Trump is starting to realize that his aggressive trade tactics with India, particularly the threat of an additional 25% tariff due to New Delhi's purchase of Russian oil, did not yield the desired result, days after the president softened his stance on India-US ties. calling them a "very special relationship." Fabian responded to the new change in Trump's rhetoric on India by stating that Trump's presumptions understated India's resolve and that the US tariffs were based on no real basis. Prime Minister Modi responded well to a kind message, but we cannot infer from this that this will stop quickly-what I refer to as the "Triple Trump's tariff has been inflated. Trumped-up refers to a lack of foundation. But at the same time. it is reasonably clear that President Donald Trump hwrong.

SC upholds Delhi HC's directive to the GMR chairman



New Delhi, Sep 10:On Wednesday, the Supreme Court overturned a Delhi High Court ruling that had ordered the Delhi International Airport Ltd (DIAL) and other GMR Group companies to leave a large farmhouse in southwest Delhi that Grandhi Mallikarjuna Rao, the chairman of the GMR Group, presently occupies. In providing notice on the DIAL's appeal, a panel of justices Aravind Kumar and NV Anjaria issued the interim order, explicitly stating that the high court's September 1 ruling would be put on hold for the time being. Additionally, the bench set October 29 for a follow-up hearing. The farmhouse, part of Pushpanjali Farms, spans 3.81 acres and houses a 30,000 sq. ft. residence with landscaped lawns and an outhouse. In April 2020, 2.45 acres of the property, including the main house, were leased to DIAL and other GMR affiliates at a monthly rent of ₹39.6 lakh, later revised to ₹45.6 lakh. The farmhouse was used as the official residence of GMR's chairman, with the company claiming to have invested heavily in amenities such as a swimming pool.

PM Modi attends a crucial meeting with the BJP ahead of the vice presidential election

New Delhi, Sep 08: The GMC Balayogi Auditorium in the Parliament complex here hosted a two-day training for BJP MPs on Sunday, which Prime Minister Narendra Modi attended. PM Modi took it to X, saying: "I went to the Sansad Karyashala in Delhi. Senior leaders and MP colleagues from throughout India shared their viewpoints on a range of topics. "Sites like Sansad Karyashala are crucial to our party because they are excellent places for us to share knowledge and discuss how we can help people even more," he continued. It is important to remember that the BJP hosted the two-day MP workshop in advance of the vice presidential elections on September 9. Sources claim that the fake poll was part of the session to teach MPs how to cast votes. The two-day workshop is expected to include a presentation that will inform the Lok Sabha and Raiva Sabha MPs on the polling procedure. The BJP-led NDA has stepped up its preparations and is making every effort for the vice presidential election. With opposition candidate B. Sudarshan Reddy from Telangana (a former Supreme Court judge) and NDA nominee C.P. Radhakrishnan from Tamil Nadu (who has a history with the RSS), this V-P election is perceived as a "South



Prime Minister Narendra Modi attended a two-day training for BJP MPs at the GMC Balayogi Auditorium in Delhi.

vs. South" contest.Members of both the Lok Sabha and the Rajya Sabha make up the electoral college that chooses the vice president. The 788 members of the 2025 electoral college are made up of 543 elected members of the Lok Sabha (one seat in the lower house is now vacant), 233 elected members of the Rajya Sabha (five seats in the upper house are currently vacant), and 12 nominated members.Because of open seats, the electoral college currently has 782 members. A single transferable vote and a proportional representation method are used to conduct the election through a secret ballot.

TRAI denies having any say in whether political party SMS ads are accepted or rejected

New Delhi, Sep 09: In response to media reports that it had refused permission to a Maharashtra political party, the Telecom Regulatory Authority of India (TRAI) emphasized on Monday that it does not accept or reject SMS advertising. A statement from the Ministry of Communications states that the Telecom Regulatory Authority of India (TRAI) has taken note of media reports claiming that

it has denied a political party's request to send SMS messages to its employees in Maharashtra regarding the party's campaign. "TRAI categorically denies any role in the acceptance or rejection of such individual SMS campaigns," the release stated. Telecom Service Providers (TSPs) are responsible for approving or rejecting SMS message templates. "TRAI is not involved in the acceptance or rejection of in-

dividual SMS campaigns," the announcement stated. These functions are carried out by TSPs in accordance with the framework prescribed under TCCCPR, 2018." "Considering the aforementioned, TRAI affirms that it is not involved in the particular case that was reported in the media," the statement stated. A day after Congress leaders claimed their application to deploy an SMS campaign directing people to a



YouTube documentary called "How the MH 2024 election was stolen" had been denied, the explanation was made.



Avatar Fire And Ash Trailer To Be Unveiled For The First Time In India With Avatar The Way Of Water's Re-Release On October 2

New Delhi, Sep 10: Here's some massive news for all movie lovers in India! The world of Pandora is coming back to the big screen sooner than you think. The blockbuster film Avatar: The Way Of Water is all set for a re-release in cinemas across India on October 2. But there's an even bigger reason to be excited for this re-release. Moviegoers who go to watch the film will get an exclusive treat: the first-ever big-screen look at the trailer for the third film, Avatar: Fire And Ash! This is a golden opportunity for fans to experience the magic of the next chapter in all its glory.

The re-release of Avatar: The Way Of Water will be for a limited period of one week and will be available ex-



clusively in 3D. The main attraction is undoubtedly the chance to see the trailer for Avatar: Fire And Ash the way it's meant to be seen, on a giant

screen and in immersive 3D. While a promo may have been released online, this will be the first time that audiences in India can witness the stunning visu-

als of the third film in a cinema hall. This special screening is expected to draw huge crowds of eager fans. This is a smart and proven strategy from the makers of the film. They did the exact same thing back in September 2022, when they re-released the first Avatar film just three months before the second part was set to hit theatres. The re-release received a fantastic response and correctly indicated that Avatar: The Way Of Water would be a monster hit at the box office. The makers are hoping to create the same level of excitement and buzz this time around for the third film. To understand how big the Avatar franchise is in India, one just needs to look at the box office numbers. Avatar: The Way

Of Water smashed records and went on to become the highest-grossing Hollywood film ever in India. It collected a massive Rs. 378.22 crores, a record that no other Hollywood film has been able to break yet. With the third film releasing during the Christmas holiday period on December 19, the expectations are skyhigh. The Avatar franchise, created by James Cameron, is a series of epic science fiction films set on the lush alien world of Pandora. Known for its groundbreaking visual effects and 3D technology, the series began with Avatar (2009), followed by Avatar: The Way Of Water (2022). The third film, Avatar: Fire And Ash, is scheduled for a December 2025 release.

Boney Kapoor Says Ranbir Kapoor Gave 52 Retakes

New Delhi, Sep 10: Ranbir Kapoor is not just a superstar because of his incredible acting skills, but also because of his dedication and professionalism on set. It's no wonder that his co-stars and colleagues in the film industry are full of praise for him. Recently, veteran producer Boney n a new interview, Boney Kapoor couldn't stop praising Ranbir's work ethic, calling him a true professional who gives his all for every single shot, no matter how difficult it is. Boney Kapoor revealed complain or "crib" about anything on set.

New Look Of Shah Rukh Khan

Black Hoodie From The Sets Of King In Poland Goes Viral

New Delhi, Sep 10: Any news about Shah Rukh Khan's upcoming projects is enough to create a storm on the internet, and that's exactly what's happening right now. The superstar is currently in Poland shooting for his highly-awaited next film, King, and a brand new look from the sets has just gone viral. Fans are sharing pictures and videos across social media, trying to get any detail they can about SRK's character in this big-budget action thriller. The leaked photos have sparked massive curiosity and have taken the



excitement for the film to a whole new level. The new pictures, which are spreading like wildfire online, were taken in the beautiful Old Town of Warsaw, Poland. They show Shah Rukh Khan in a

mysterious look, wearing a large black hoodie that covers most of his face and adds to the intrigue. A close-up shot also surfaced, confirming that it was indeed the Badshah of Bollywood himself. The fan frenzy on the ground is just as intense. A video is also making the rounds that shows fans waiting patiently outside the shooting location with a caption that reads, "on the set of King waiting to see SRK just once." This just goes to show the massive love and anticipation people have for the star and his upcoming film.

Diljit Dosanjh visits Mumbai months Sardaar Ji 3 row

New Delhi, Sep 10: Singer-actor Diljit Dosanjh was captured by photographers during a brief visit to Mumbai on Friday. His visit came months after his film 'Sardaar Ji 3' stirred controversy. The reason for his visit is not known yet. However, speculations are rife that it could be for a professional commitment. In the videos that surfaced online, Diljit was seen inside a car surrounded by security personnel. He did not engage with the press or public. The rare appearance by the 41-year-old also comes after his December 2024 concert in Mumbai, part of his world tour. He also recently joined forces with NGOs and local authorities to adopt 10 villages in Punjab's Gurdaspur and Amritsar. His team is focused on providing essentials like food, water, and medical aid as Punjab faces a flood-like situation after heavy rains. Diljit was widely criticised earlier this year over the cast of 'Sardaar Ji 3', which included Pakistani actor Hania Aamir. The decision of the makers to release the film worldwide, except in India, was also slammed. The Federation of Western India Cine Employees (FWICE) demanded that the film industry blacklist him and sought cancellation of their Indian citizenship. The order was later revoked. Meanwhile, he recently concluded filming for his upcoming project, 'Border 2'. Directed by Anurag Singh, 'Border 2' features a notable ensemble cast including Sunny Deol, Varun Dhawan, and Ahan Shetty.

Priyanka Chopra, Alia Bhatt cheer Malayalam hit Lokah



Mumbai, Sep 10: The Malayalam film 'Lokah Chapter 1: Chandra' has emerged as a major box office success, hailed as the industry's first female superhero story. Directed by Dominic Arun and produced by Dulquer Salmaan, the film has struck a chord with audiences by weaving mythology and folklore into a contemporary fantasy, offering what has been described as a "fresh blend of mythic folklore and mystery." Priyanka, meanwhile, congratulated the team in an Instagram post, adding the film to her watchlist. "India's first female superhero is here. Congratulations P.S. Added to my watchlist already. Have you?" she wrote.

Lookout circular issued against Shilpa Shetty & Raj Kundra in Rs 60 crore cheating case

Mumbai, Sep 10: Actress S hilpa Shetty and her husband, businessman Raj Kundra, are facing serious legal trouble. The Mumbai Police has issued a lookout circular against the couple in connection with a fraud case amounting to approximately Rs 60 crore.

A lookout circular is a notice to stop a person from leaving the country. This action has been taken by the Economic Offences Wing (EOW) of the Mumbai Police as part of their investigation. The case revolves around an investment deal related to the couple's now-closed company, Best Deal TV Pvt Ltd.The complaint was filed by a businessman named Deepak Kothari. He has alleged that between



2015 and 2023, Shilpa Shetty and Raj Kundra took Rs 60 crore from him. According to his complaint, the money was meant for expanding their business, but he claims it was used for their personal expenses instead.Kothari stated that the money was taken as a loan, which the couple later showed

as an investment in their books to save on taxes. He also claimed that he was given a promise of the money being returned with a 12% annual interest. The complaint mentions that Shilpa Shetty gave him a personal guarantee in writing in April 2016, but she resigned as a director from the company

■ The Mumbai police have issued a Lookout Circular (LOC) against Bollywood actor Shilpa Shetty and her businessman husband Raj Kundra in connection.

just a few months after that. The EOW is now looking into the case seriously. According to sources, the police are investigating the travel records of both Shilpa Shetty and Raj Kundra.serious allegations, Shilpa Shetty and Raj Kundra have denied any wrongdoing. They have stated that the case is "baseless and malicious." According to the couple, the complaint has been filed with the intention of damaging their reputation. The investigation is currently in progress.



Flipkart expands supply chain in Northeast, empowers MSMEs, farmers ahead of festive season

Kohima: Flipkart has significantly expanded its supply chain footprint in Northeast India, announcing over 6 lakh sq. ft. of warehousing capacity across Guwahati and Agartala. With nine Micro Fulfillment Centers (MFCs) now operational in Guwahati under its quick commerce arm, Flipkart Minutes, customers can access essentials and groceries within minutes.

The company has created more than 5,000 direct jobs in the region, with a focus on women, PwDs, and youth skilling. Assam has emerged as a major growth hub with over one lakh sellers on boarded on the Flipkart marketplace, reporting 100% year-on-year growth in listings. Meanwhile, through Samarth Krishi, more than 300 farmers from Meghalaya, Assam, and Arunachal Pradesh are supplying pineapples, strawberries, lemons, and baby kiwi to national markets.

North-east responded positively to Flipkart's initiatives, particularly in categories like ethnic wear, footwear, and home furnishings. Local sellers see new opportunities to scale their businesses, while farmers are leveraging Flipkart's network to reach larger markets such as Kolkata and



Patna, boosting rural incomes.

Flipkart also announced that over 2,000 distributors and retailers in the region are active on its Reset for Business platform, contributing nearly 30% of overall business, further strengthening the circular economy.

Oriflame unveils optimals Hydra Radiance range, strengthens skincare portfolio in India

Shillong: Oriflame, the Swedish holistic beauty and wellbeing brand, has announced the launch of its new Optimals Hydra Radiance Range in India, further expanding its flagship Optimals line. The new collection is designed to deliver hydration, barrier strengthening, and microbiome balance, aligning with the global trend of "skinimalism."

The Hydra Radiance portfolio includes moisturisers, cleansers, sunscreens, and eye care products, all dermatologically tested and suitable for different skin types. Powered by ingredients such as Niacinamide, Para-Probiotics, and Ectoin, the range provides clinically proven 48-hour hydration. Priced between ₹829 and ₹1,999, the products are available through Oriflame's website and its network of brand partners.

Commenting on the launch, EdytaKurek, Senior Vice President & Head, Oriflame India and Indonesia, said, "With Optimals Hydra Radiance, we aim to provide consumers with routines that are simple yet effective, enabling them to feel



confident in their healthiest, most radiant skin."

In Shillong, there has been a growing interest in holistic skincare solutions that combine performance and affordability. Young consumers, particularly students and professionals, are driving demand for premium yet accessible skincare, making the Hydra Radiance range well-positioned to succeed in the region.

Oriflame operates in over 60 countries, supported by nearly 3 million independent brand partners worldwide.

Axis Max Life reimagines life advisor role in India's phygital era

Guwahati: Axis Max Life has unveiled a transformative vision for life advisors, positioning them as digitally empowered, emotionally intelligent partners at the heart of India's evolving life insurance landscape. Over the past two decades, the industry has shifted from urban-centric penetration to one of the fastest-growing protection markets globally, with life advisors emerging as crucial drivers of trust and financial literacy.

In line with IRDAI's agenda of 'Insurance for All by 2047', Axis Max Life has focused on expanding its agency force into Tier 2 and 3 cities, leveraging digital tools and platforms like Bharat Stack to enhance accessibility. The company is recruiting from diverse tal-



ent pools, including graduates, homemakers, retirees, and mid-career professionals, while adopting AI-led learning systems and gamification to accelerate skill development and productivity.

In Guwahati, the agency model is gaining traction as local advisors blend technology with personal engagement to reach households previously underserved by conventional insurance channels. Axis Max Life has strengthened its presence in the city, enabling advisors to educate commu-

nities, foster financial protection awareness, and deliver solutions tailored to the city's growing middle-class aspirations.

Axis Max Life emphasizes that technology complements, rather than replaces, human advisors. The company's mission is to build a scalable, sustainable, and trusted advisory network, ensuring that every advisor continues to inspire confidence, safeguard dreams, and contribute meaningfully to India's life insurance growth story.

Groww Mutual Fund launches Multi Asset Allocation Fund with SHAASTRA platform

Guwahati: Groww Mutual Fund has announced the launch of its Groww Multi Asset Allocation Fund, an open-ended scheme designed to invest across equity, debt, gold, and silver. The New Fund Offer (NFO) will remain open from September 10 to September 24, 2025. The fund aims to offer investors a diversified portfolio framework to potentially reduce volatility and adapt to shifting market conditions.

At the heart of the fund is SHAASTRA (Strategic Holistic Asset Allocation and Systematic Technical Risk Assessment), Groww's in-house platform that integrates macroeconomic data, technical signals, and market trends. This system supports fund managers in taking timely allocation decisions, reducing bias, and enhancing risk management. The scheme will maintain equity exposure above 65% to qualify for equity taxation, while dynamically allocating to debt, gold, and silver depending on market scenarios.

In Guwahati, financial advisors note that investors are showing growing interest in diversified funds, particularly those offering protection against market swings. With rising awareness of gold and silver as hedges against uncertainty, the new fund is expected to find strong traction in the city's emerging investment market.

The fund is managed by ParasMatalia, KaustubhSule, and Wilfred Gonsalves, with a minimum investment starting at ₹500.

Godrej aer launches aer Plug, India's most affordable electric room freshener at Rs 2.5/day

Guwahati: Godrej aer, the country's leading fragrance brand under Godrej Consumer Products Ltd (GCPL), on Tuesday unveiled its latest innovation – the aer Plug, touted as India's most affordable electric room freshener. Priced at just ₹149, the device delivers continuous fragrance for up to 60 days, costing only ₹2.5 per day, and comes in two premium variants: Violet Bloom and Rose Blossom.

Designed by GCPL's in-house studio Disco, aer Plug combines sleek, modern aesthetics with smart heater technology, making electric room fresheners accessible to a broader Indian audience. The launch addresses a key gap in India's ₹3,000 crore air freshener market, where electric diffusers have been traditionally expensive, leaving sprays dominant with a ₹1,000 crore market share. "The aer Plug bridges the price gap, offering premium fragrance at an affordable cost, potentially attracting new consumers while upgrading existing spray users," said Shilpa Suresh, Head of Marketing – Home Care, GCPL.

In Guwahati, the aer Plug is expected to resonate strongly with urban households and office spaces, where demand for affordable yet premium home care products is growing. Retailers in the city's leading modern trade outlets have reported early interest, highlighting the device's potential to transform the local electric diffuser segment.

Available across modern trade, e-commerce, and general trade channels nationwide, the aer Plug starter kit is priced at ₹149, with refills at ₹99, bringing premium fragrance within reach of every home.

Education and skilling leaders chart roadman for Aatmanirbhar Bharat



Guwahati: In a high-level deliberation today at Kaushal-Bhawan, New Delhi, leaders from the Ministry of Education (MoE) and Ministry of Skill Development & Entrepreneurship (MSDE) outlined strategies to advance India's vision of an Aatmanirbhar Bharat. The session, themed "Swadeshi Se Samriddhaaur-Viksit Bharat - Strategies in Education and Skilling," was chaired by Union Education Minister DharmendraPradhan, in the presence of Ministers of State JayantChaudhary and Dr. SukantaMajumdar.

Officials from school and higher education departments, MSDE, and heads of autonomous institutions discussed integrating education and skilling as twin pillars of Mission Swadeshi. The deliberations emphasized nurturing self-reliance from the school level, promoting local entrepreneurship, indigenous products, and cultural heritage through projects, exhibitions, debates, and community campaigns. The NEP 2020 framework was

highlighted as a foundation for holistic, skill-based learning and innovation.

Shri Pradhan stressed that students will become ambassadors of Swadeshi and cultural pride, while Shri Chaudhary called for equipping youth with future-ready skills in AI, technology, and design. Dr. Majumdar highlighted the role of higher education and skilling institutions in transforming India into a global Skill Capital.

In Guwahati, education and skill-driven initiatives are expected to boost local enterprise, with vocational training and ITI-driven programs empowering youth to participate actively in regional economic activities, enhancing the city's innovation ecosystem and market competitiveness.

The session concluded with actionable recommendations for aligning curricula and outreach with the objectives of Mission Swadeshi, reaffirming India's commitment to a SamriddhaaurViksit Bharat by 2047.

BUSINESS 5

Tata AIA unveils 'Health Buddy' and Health **SIP.** mergewellness with wealth creation

Aizawl: Tata AIA Life Insurance has announced the launch of Tata AIA Health Buddv. India's first 24x7 health and wellness companion from a life insurer, alongside Tata AIA Health SIP, a pioneering health insurance plan that integrates long-term protection with

Health Buddy, accessible via the Tata AIA Life Insurance App, provides preventive health check-ups, doctor consultations across 24 specialties, dental and women's wellness care, second medical opinions, fitness and diet sessions, and discounts on medicines and lab tests. The company also introduced a friendly mascot to embody trust and approachability.

"Tata AIA Health Buddy is designed to empower consumers with holistic solutions that protect their health and support healthier, more fulfilling lives," said Amit Dave, Chief Distribution Officer, Tata AIA.

In Aizawl, where rising healthcare costs and



limited specialty services often challenge families, Tata AIA's Health Buddy is expected to bring timely medical access and preventive care within reach. Local businesses also see potential demand growth for digital health solutions, reflecting a shift towards integrated health-financial products.

Complementing this, Tata AIA Health SIP offers long-term critical illness cover, tax-free withdrawals from the sixth year, no premium allocation charges, and maturity boosters. Available in Health SIP Plus and Health SIP Plus Pro variants, it combines protection with wealth-building, reinforcing Tata AIA's strategy of health-and-wealth-first insurance.

TVS Apache celebrates 20 years with limited-edition launch, premium upgrades

TVS tor Company on Saturday marked 20 years of its flagship Apache motorcycle by limited-edition launching variants and introducing premium upgrades in the Apache RTR 160, 180, 200, RTR 310 and RR310 lineup. The celebratory models sport a blackchampagne-gold anniversary livery, dual-tone alloy wheels, and a first-ever USB charger, making them collectible edi-

The new top-end Apache RTR 160 4V and 200 4V now feature Class-D projector headlamps with LED DRLs. an all-LED setup, 5-inch TFT cluster with Bluetooth-enabled SmartXonnect, voice assist, traction control, assist and slipper clutch, and refreshed colour schemes. Prices for the new models start at ₹1.28.490 for the RTR 160 4V and ₹1,59,990 for the RTR 200 4V (ex-showroom Delhi). In Guwahati, the market for premium commuter and sports bikes has shown steady growth, with young riders increasingly prioritizing style,

performance, and connectivity features. Dealers expect the limited-edition Apache range to generate strong demand among college-goers and professionals seeking a blend of racing DNA and everyday practicality.

K N Radhakrishnan, Director and CEO of TVS Motor. said, "We are grateful to the 6.5 million-strong Apache community whose passion has shaped this journey. We look forward to carrying forward the legacy with new innovations and markets."

Nissan cuts prices of Magnite variants by up to Rs 1 lakh after GST rate reduction

Guwahati: Nissan Motor India Pvt. Ltd. (NMIPL) has announced a significant price reduction across its New Nissan Magnite range, passing on the full benefit of the revised GST rates to customers. The top-end CVT Tekna and Tekna+ variants will now be cheaper by nearly ₹97,300 and ₹1,00,400 respectively, while the entry-level Visia MT is now priced below ₹6 lakh.

The company highlighted that the new pricing will come into effect from September 22, coinciding with Navratri, though customers can book at revised rates immediately. The N-Connecta CVT and KURO CVT variants are now available under ₹10 lakh, expanding affordability in the compact SUV market. Nissan has also low-



ered the price of the CNG retrofitment kit to ₹71,999. ensuring additional savings for eco-conscious buyers.

In Guwahati, one of the fastest-growing automobile hubs in the Northeast, dealers expect strong demand for the Magnite lineup. Local retailers said the festive price cuts could attract both first-time buyers and upgraders, especially with the SUV's 5-star GNCAP safety rating and 10-year extended warranty offering added assurance.

Calling the GST reduction a "timely stimulus," Nissan MD Saurabh Vatsa expressed optimism that the festive season will drive higher customer enthusiasm and boost retail momentum

Godrei Agrovet launches first Samadhan Center in Mizoram to boost oil palm farming

Guwahati: Godrej Agrovet Limited's Oil Palm Business insolution (OSS) center, offers farmers comprehensive support-

The launch event was attended by Joseph Lalnuntluanga, Disfor dry months.

In Aizawl, the opening of the Bukvannei center is expected to stimulate local demand for quality oil palm seedlings and related inputs. Farmers in and around Aizawl now have improved access to advisory services, tools, and financial assistance, which is likely to boost oil palm adoption and strengthen the local agribusiness ecosystem.

augurated its first Samadhan center for oil palm farmers in Bukvannei, Kolasib district, marking a significant push toward modernizing the region's palm oil industry. Samadhan, a one-stop from seeds to harvesting—aimed at optimizing yields through advanced agricultural techniques and productivity-boosting

trict Agriculture Officer of Kolasib, Lianthanzauva, Assistant Director of Agriculture, and SougataNiyogi, CEO - Oil Palm Business, Godrej Agrovet. Under the National Mission on Edible Oil - Oil Palm (NMEO-OP), Mizoram has a cultivation potential of 60,000-70,000 hectares. The center provides expert guidance on balanced fertilizer application, soil testing, water management, and irrigation solutions, including drip irrigation

SougataNiyogi highlighted the center's role in supporting sustainable development and enabling farmers to access government schemes, developmental finance, and modern agricultural technologies. Each Samadhan center aims to support planting over 2,000 hectares of oil palm and improve sustained productivity in mature gardens.

Renault slashes prices by up to Rs 96,000, fully passing GST 2.0 benefit to customers



Guwahati: Renault India has announced a sweeping price cut across its entire portfolio, passing on the full benefits of GST 2.0 to customers. Effective from September 22, 2025, the revised prices - reduced by up to ₹96,395 — will be available on all deliveries, just in time for the Navratri festive season. Bookings at the new rates have already begun nationwide.

The KWID now starts at ₹4.29 lakh, while the Kiger and Triber begin at ₹5.76 lakh, making Renault's line-up significantly more affordable. Variants of the Kiger have seen the sharpest cuts, with top-end models reduced by nearly a lakh.

Venkatram Mamillapalle, MD of Renault India, said, "Passing on the full GST 2.0 benefit is a reflection of our unwavering commitment to our customers. This initiative will energize demand during the festive season and reinforce our promise of innovation, value, and trust."

In Guwahati, one of Renault's key northeast markets, dealers anticipate a surge in festive bookings. Local automobile retailers noted that competitive pricing is likely to drive stronger footfall, especially among first-time buyers looking for compact SUVs like the Kiger. With fuel efficiency and affordability in focus, Renault expects solid traction in Assam's growing urban market.

EuroKids launches Harvard-inspired 'Heureka' curriculum, expands growth plans in Assam

Guwahati: EuroKids, India's leading preschool chain, has introduced its eighth curriculum version, Heureka - the Visible Thinking Curriculum, inspired by Harvard University's Proiect Zero and aligned with the National Education Policy (NEP) 2020. Designed to build curiosity and critical thinking, the curriculum emphasizes not just "what" children learn but "how" they think.

As part of its expansion strategy, EuroKids announced plans to open 20 new centres in Assam over the next five years,

taking its presence in the state from 55 to 75. Developed over 18 months, Heureka integrates 20 structured Harvard-inspired routines and follows the EPICS model-focusing on Emotional, Physical, Intellectual, Creative, and Spiritual growth.

EuroKids CEO KVS Seshasai said the initiative reflects the company's vision of preparing children for lifelong learning, while Dr Anita Madan, Head of Curriculum Development, described Heureka as a transformative step in early education.

In Guwahati, a fast-growing

education hub, parents and educators welcomed the launch, noting that demand for structured early learning programs is rising sharply. With many families seeking global-standard education locally, Euro-Kids' expansion is expected to intensify competition among preschools in the city.

With a network of over 1.700 preschools across 500 cities, EuroKids aims to strengthen its leadership in early childhood education while offering parents a research-backed, holistic curriculum.



Amazon Pay, ICICI Bank renew credit card pact, add travel benefits

Guwahati: Amazon Pay a nd ICICI Bank have renewed their long-term partnership for the Amazon Pay ICICI Bank Credit Card, touted as India's most-adopted co-branded credit card with over five million users. Launched in 2018, the card has become popular for its transparent rewards and digital convenience. Effective October 11, 2025, the credit card will cut its forex markup



from 3.5% to 1.99% on international transactions. Prime members will continue to enjoy 5% unlimited cashback on Amazon shopping and travel bookings, while non-Prime members will receive 3%. Other features include no an-

nual or joining fees, 2% cashback on Amazon Pay categories, and 1% on general spends outside Amazon.Mayank Jain, Director of Credit & Lending at Amazon Pay India, said the enhancements reflect the company's "customer obsession" and commitment to strengthening rewards. Vipul Agarwal, Head of Cards & Payment Solutions at ICICI Bank, noted a rising trend in travel and

digital spending, making the upgraded offering timely.In Guwahati, the renewal could boost e-commerce and travel-related spending ahead of the festive season. With rising adoption of digital payments in Assam's commercial hub, the card's combination of cashback and reduced forex fees is expected to appeal to both online shoppers and outbound travelers.

HMD expands India portfolio with affordable Vibe 5G and new 4G feature phones

New Delhi: HMD has announced three new additions to its India lineup — the HMD Vibe 5G, HMD 101 4G, and HMD 102 4G — strengthening its presence across both smartphone and feature phone categories. The highlight of the launch is the HMD Vibe 5G, priced at a special festive offer of ₹8,999. Positioned as an affordable gateway to next-gen connectivity, the device features a 6.67-inch HD+ display with 90Hz refresh rate, a 50MP dual rear camera, 5000mAh battery with 18W fast charging, and Android 15. Powered by a Unisoc T760 processor with 4GB RAM (expandable via virtual RAM), it supports 9 5G bands and comes



with a one-year replacement guarantee. HMD also introduced the HMD 101 4G

(₹1,899) and HMD 102 4G (₹2,199), catering to users who prefer simplicity with modern essentials. Both models offer dual SIM 4G, Type-C charging, FM radio, local language support, and a 1000mAh battery. The HMD 102 further adds a camera with flash and a color-matched keypad.

Ravi Kunwar, VP and CEO, HMD India & APAC, said the launches "are designed to make next-generation connectivity accessible while retaining the reliability consumers expect." The devices are available starting today via retail stores, leading e-commerce platforms, and HMD.com.

Jaishankar calls for open, resilient global trade at BRICS emergency meet

Guwahati: External Affairs Minister Dr. S. Jaishankar on Monday underscored the need for an open and non-discriminatory global trade system while representing India at a virtual emergency BRICS meeting. The session, attended by leaders including China's Xi Jinping, Russia's Vladimir Putin, and Brazil's Lula da Silva, focused on addressing pressing international trade challenges. Highlighting the growing fragility of the multilateral system, Dr. Jaishankar emphasized that sustainable trade requires constructive and cooperative approaches. Without naming any country directly, he cautioned against linking trade measures to non-trade matters and stressed that nations must enhance economic cooperation, strengthen supply chains, and promote regional self-sufficiency. He also highlighted the importance of democratizing manufacturing and production across geographies to buffer against global shocks.Ad-



dressing the Global South, the minister noted setbacks in food, energy, and fertilizer security, warning that disruptions in shipping affect both trade and livelihoods.In Guwahati, local businesses echoed the need for predictable trade policies, noting that volatility in global supply chains impacts imports of essential goods and raw materials. Traders emphasized that an open trade environment could stabilize prices and support regional economic growth. The emergency BRICS session is widely seen as a response to escalating global tariff policies, aiming to foster resilient and cooperative trade

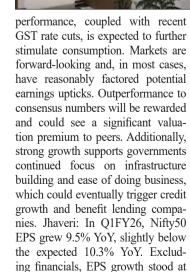
Ujjivan SFB targets Rs 1 lakh crore loan book by FY30 with focus on secured lending

Agartala: Ujjivan Small Finance Bank (Ujjivan SFB) has announced its roadmap to achieve a Gross Loan Book (GLB) of ₹1 lakh crore by FY30, building on its rapid growth since becoming a small finance bank in 2017. The strategy emphasizes diversification of its loan portfolio, expansion of liability franchise, and a stronger focus on cost efficiency to ensure sustainable profitability. The bank has steadily increased its secured lending from 16% in FY19 to 46% in Q1FY26, with a target of 65%-70% by FY30. Key growth drivers will include affordable housing, MSME lending, vehicle finance, gold loans, and agri loans, alongside new products such as mid-corporate lending. On the liabilities side, retail deposits form 72% of the total deposit base of ₹38,619 crore, with CASA balances at ₹9,381 crore.In Agartala, Ujjivan's deeper penetration into secured lending, especially housing and MSME credit, could support small businesses and emerging entrepreneurs. With many traders and shopkeepers relying on informal credit, the bank's structured lending approach may boost formal financial access and economic activity in the city's expanding retail sector.CEO Sanjeev Nautiyal said the bank aims for 20%-25% annual GLB growth, with RoE of 16%-18% and RoA of 1.8%-2.0% by FY30, supported by a branch expansion from 752 to 1,150.

Amid global volatility, where should investors focus now Insights from JM Financial's Ankur Jhaveri

New Delhi: Global markets are experiencing high volatility, marked by rising interest rates, geopolitical tensions, and shifting investor sentiment. Yet, India stands out-its economy surged 7.8% in Q1FY26, well above expectations, supported by strong consumption and broad-based growth across services and manufacturing. As investors weigh this momentum against global uncertainties, high valuations, and FII caution, opportunities continue to emerge in select sectors. In this exclusive conversation with BT, Ankur Jhaveri, MD & CEO - Institutional Equities at JM Financial Institutional Securities Ltd., decodes India's growth story, highlights sectoral winners, discusses the outlook for corporate earnings, and explains where investors should focus amid global volatility.

Q. Indian economy grew at 7.8% in Q1FY26. What does it indicate for the equity markets going ahead? Ankur Jhaveri: India's GDP growth of 7.8% in Q1FY26 significantly exceeded market expectations of 6.7%, driven primarily by robust domestic consumption. On the supply side, broad-based expansion in services and manufacturing aligned with strong PMI readings is reinforcing the momentum. This



14% YoY, in line with expectations. Strong Growth was seen in cyclicals and consumption-linked sectors like Oil & Gas (+54.7%), Consumer Retail (+41.7%), Telecom (+37.5%), Cement (+31.8%), Infrastructure (+29.8%) and Industrials (+24.9%). A clear divergence in sectoral performance leads the charge.

JM FINANCIAL

Q. How do you see the Indian equity market positioned amid global volatility?

Jhaveri: Despite healthy domestic fundamentals, FIIs remain cautious on Indian equities. With the market trading at 23x P/E (1-year forward) and sub-10% EPS growth expected in FY26, valuations appear stretched.

Amid FII selling, even as DIIs, particularly mutual funds, continue to buy, we expect the market to consolidate at current levels or trade slightly lower. Time correction will help moderate valuations, and an earnings-led uptick would emerge as growth catches up. Jhaveri: The Government of India and the RBI have taken proactive steps to boost consumption through income tax cuts, interest rate reductions, liquidity infusion, and GST rate rationalization. Reflecting this, our model portfolio has shifted to an overweight in consumption. We maintain a preference for discretionary consumption sectors, particularly Autos, Retail, durables, hotels, Telecom and Real Estate However we anticipate short-term revenue loss due to these fiscal measures, which could constrain capital expenditure in infrastructure. Accordingly, we've turned underweight on Infrastructure, Industrials, Ports, Defence, and Power Utilities. Credit growth has slowed to 10% YoY (vs. 12% projected), and asset quality concerns in retail unsecured segments are spilling into MSME loans. With capex likely postponed, we expect loan growth to remain range-bound in the short term, reinforcing our cautious stance on financials.

FRIDAY, SEP 12 2025 NEWS BEARER

TRAVEL 7

Icy Road, Epic Engineering: The Story of Norway's Route E69

ot long after Ingunn Utsi had created a fresh set of footprints to her cabin, snow began to fall across the top of the world. It covered her car in a downy layer of white and erased the faint track connecting her oceanfront cabin outside Repvåg, in northern Finnmark, to the E69, a ribbon of ice-covered tarmac at the ends of the Earth. As the light faded to a bleak glimmer, the 69-year-old Sami artist peered out the window, seeing her connection to the outside world vanish. There was a time when I was growing up when there were no roads here. Only boats. Life moved much slower then," Utsi said. Running 129km north from Olderfjord to Nordkapp on a finger of land at the top of Arctic Norway, the E69 is the world's most northerly highway, a marvel of engineering along the coast of Western Europe's northernmost peninsula. First proposed as early as 1908 by Landslaget for Reiselivet i Norge (the country's fledgling national tourist association), yet only completed in 1999, the road is a brilliant contradiction, connecting a handful of remote and fragile fishing communities that have long proven they are capable of living without the outside world. For many, wooden boats continue to satisfy their needs.

To drive the road today is to glimpse Norway's wilderness at its rawest. Obsidian-black bluffs rise up over narrow sea inlets; mountains lurch into the windshield before giving way to vast plateaus pockmarked by dwarf birch; and violent storms frequently roll in from the intimidating Barents Sea. Come winter, the last stretch to Nordkapp and the abrupt cliffs of Knivskjellodden, Europe's fabled northernmost point, becomes nearly impassable, only open for convoy driving. Without the highway, it's easy for a first-time visitor to think that the villages along the route would be on the verge of disappearing. The creation of the E69 came about in the 1930s to counter a downturn in the fishing industry, which brooded on the horizon after Nordkapp fishermen lost control of exclusive concession rights. New sources of income for the fishermen had to be found and a mass meeting was held in 1934 in Honningsvåg, Nordkapp's most populous village, with harbour bosses demanding the municipal council prioritise a national highway to solve the problem. The theory was that locals could earn more netting tourists than from the Barents Sea. An almost-impossible road was the answer to their problems. Or so they hoped. In Utsi's garden, on the long summer days when the sun never sets, the artist sometimes gets a split-second flashback to when she was young and the prospect of such a road was but a dream. "Was it an isolated community back then? It depends on what you think a community should be," she said. "Nordkapp is isolated compared to big cities, but human



beings are great adapters and can get used to anything. For me this is completely normal." Living this far north has many benefits, Utsi explained, particularly for a visual artist. In 1982, she returned from Oslo to her birth house in Repvåg and ever since has been working as a sculptor, inspired by Nordkapp's extreme realms of weather and light. She has worked with dwarf birch and turned driftwood into celebrated Sami art, but her current project is more ambitious. Using plexiglass, she is trying to recreate the wind. "You cannot touch it, but you can feel it in all aspects of life here," she said. "Along with the water, it pervades everything we do." Such elemental forces of ice, wind and ocean haven't always made for an easy life – and visitors can forget just how recently modernity arrived in this frozen wilderness. The final 14km section of road to Nordkapp, for example, was built in 1956. Though it was conceived as a summer excursion road for tourists arriving by cruise ship, it now remains in use year round, despite the whims of the weather and days when the outpost sees but a solitary visitor. One of the very last stretches, a deep sea tunnel that connects the island of Magerøya to the Porsanger Peninsula, meanwhile, only opened in 1999.

While the road's evolution brought with it opportunity, the dyed-in-the-wool fishing industry on which so many depend has taken a different path. Over the past decade, according to locals, the international fleet has gradually disappeared, in part a reaction to a government mandate to let fish stocks rejuvenate. In tandem, automation has increased, crews have whittled in size and the fish processing industry has moved to China. Nowadays, the just-landed catch is iced and shipped fresh to Asia. Still, the fishing industry continues apace - the annual king crab harvest is among northern Europe's largest, according to local fishermen - and today the harbour is crowded with bumperto-bumper tugs and trawlers. As long as your line is baited, there is always hope," says a local proverb. Despite fishing continuing to shape life along the seaboard, art unexpectedly flourishes on the peninsula. In the compact fishing village of Kamøyvær (population 58 people, six dogs, five cats), 63km further north from Repvåg, German artist Eva Schmutterer

runs The Gallery
East of the Sun.
And like Utsi, she
sources her materials in a rather
unusual way. "It's
impossible to get
supplies here," she
said, while finishing
her latest Northern
Lights collage. "I
use old magazines

tire community collects and donates. It helps the recycling effort, plus the winter is long so I have plenty of time to search for the right colour or shade." Although the availability of art goods is limited - as well as food, drink and almost everything else, for that matter - Schmutterer believes the lack of choice engenders self-reliance. People live day to day as they did more than century ago, she explained, and learn to cope with what they have. "The road is our lifeline, our portal to another world," she said. "But if you depend on it you won't survive. This isn't a limitation. It's a freedom." Weather dictates life along the E69. You can only do things here when nature lets you," Schmutterer said. Nature is often in the thoughts of those who live in Honningsvåg, the E69's main fishing port, often referred to (though readily debated) as the northernmost town in the world. Standing in the centre, all the usual Norwegian props are in place: red, yellow and blue clapboard cabins; giant king crab fishing boats; a steel-grey harbour with trawlers. Posses of restless gulls and guillemots wheel overhead. But this offers only one window onto life here. For Honningsvåg is equally concerned not with just cod in winter, wild salmon in spring, coalfish (as known as pollock) in summer and haddock in autumn, but with the artistic and the cinematic. If there's a reason for coming this far north, for many it's to seek inspiration. Norwegian feature film director Knut Erik Jensen's imagination was sparked as a child seeing the trawlers anchor in Honningsvåg."I used to say I was the only idiot in Norway who has stayed this far north their entire career," he said. "All my films have been shot in Nordkapp and I've always taken inspiration from the sailors who have come and gone, wheth-

and unwanted brochures, which the en-





er they're from Portugal, Spain or farther afield. If you come from Honningsvåg, you've seen quite a lot of the world without ever leaving." Sometimes I think people who live in a big town are far more isolated than I am," Knut Erik Jensen said. Beyond the pines, beyond the trawlers, beyond even the reindeer that congregate each summer, lies Nordkapp and the end of the E69. Where the road finally gives way to ocean, the long winter mixes all shades of darkness like watercolour, while in summer the sun lingers for months. At its tip lies Nordkapphallen, located at 71°10' 21, with a visitor centre, an underground chapel and a museum dedicated to King Rama V, then sovereign ruler of Siam, who curiously visited by boat in 1907. Outside, the windblown plateau might seem nerve-prickling for some, situated 307m above the swirling black waters of the Barents Sea, but it's the very thing that has drawn people here for centuries. In times past, the massive cliffs marked the end of the world for explorers. But today Nordkapp teaches its visitors the value of something most can no longer grasp: the unpredictability of nature - especially in winter, when the land lies barren and the fall of white on white embodies the ideal of this far northern road that inspires so many.



The Besan Dosa: A Stuffed Reinvention of a Breakfast Favorite



or many of us, breakfast is the most exciting meal of the day, a chance to start the morning with something delicious and energising. While besan cheela has long been a beloved favourite, there is a new twist that might just steal your heart. Imagine a crispy, golden exterior hiding a soft, flavour-packed filling of paneer, vegetables and a hint of spice. This is not your usual breakfast, and it is packed with protein to keep you energised all morning. Curious to know how to make this irresistible stuffed besan dosa? It is easier than you think, and the results are absolutely worth it. This recipe was shared by the Instagram page @chief-

foodieofficer.

The combination of crispy besan dosa and a flavour-packed filling of vegetables, paneer and cheese makes this dish irresistibly tasty. Each bite is a perfect balance of crunch, spice and creaminess definitely a treat for your taste buds! Whether it's breakfast, brunch or a quick snack, this dosa is sure to steal the show on your plate. Yes! Besan (gram flour) is high in protein and fibre, making it a nutritious alternative to regular dosa. The veggies add vitamins and crunch, while paneer boosts protein content. You can even control the oil and cheese to make it lighter. This makes stuffed besan dosa a guilt-free treat that's both tasty and wholesome! Serve it with green chutney, schezwan sauce or tomato ketchup for an extra flavour punch. A side of voghurt or raita can also balance the spices and make your meal even more satisfying. For a complete meal, pair it with a hot cup of masala chai or coffee to elevate the flavours even more.

How To Make Stuffed Besan Dosa At Home

In a large bowl, combine besan, rice flour, turmeric, salt and water. Mix well until you get a smooth, pourable slurry. Lightly sprinkle water on a non-stick pan, then spread the batter evenly. Drizzle a little oil around the edges. Spread a layer of schezwan chutney and top with chopped tomatoes, spring onions, capsicum, onions, paneer and cheese. Let it cook for a few minutes until the base is golden. Then, gently fold the dosa from one side to the other. Your stuffed besan dosa is ready to be devoured! Pair it with chutney or sauce of your choice and enjoy every bite.

Ensure the besan and rice flour mixture is smooth and lump-free. A slightly runny batter spreads easily on the pan and gives a crisp dosa. Cook on medium heat and lightly grease the edges with oil. This ensures the dosa cooks evenly without burning or sticking. Add the cheese and paneer last and don't overload the dosa. This helps it fold easily and keeps the crispiness intact.

The Bao: A Flavourful Blend of **Indian and Chinese Cuisines**

oft, fluffy and stuffed with a delicious filling, baos have come to be a mainstay at any Chinese eaterv. Also called baozi, these pillowy steamed buns originate from ancient China's Three Kingdoms period (220-280 CE). The dough is made with flour, yeast, milk, sugar and a little oil, and traditionally stuffed with seasoned ground Chi-

pork, nese sausage, quail eggs, pork belly, or even wood mushear rooms, tofu, and mixed

vegetables. Wan Ming Li, Executive Chef, Bao To Me, calls them "fun and comforting", and credits Indians' love for this traditional Chinese appetiser to their "fluffy texture and their ability to carry a variety of flavorful fillings. They're indulgent yet light enough to be enjoyed as a snack or a meal. It is a humble food, but it is crafted with a lot of care."

Adding, Vinayak Patil, Head Chef of The Bigg Small Cafe + Bar, Mumbai, says, "The bao bun feels familiar — like our pav or kulcha, while the fillings are an explosion of global flavours. That's why they connect so easily with diners."Indian restaurants are serving up the baos with traditional Chinese ingredients such as soyglazed mushrooms, braised pork belly, Korean-style bulgogi beef, or spicy tofu. Chef Pema Takchung, Hunaaan from Bengaluru, says, "Indian flavours in baos have also be-

fill-



paneer makhani, or spiced lamb keema. The bao acts as a soft, neutral canvas that pairs well with bold spices and rich gravies, making it ideal for fusion-style street food." In recent years, the open bao or gua bao has gained popularity. This is a folded, open-faced bun made with a refined flour dough, steamed until soft and pillowy, then filled with a variety of ingredients. Originally popular as a Taiwanese street food, open baos are now loved around the world, including in

Fruit Power: 5 Delicious Ways to Protect Your Kidneys

ur kidneys are vital organs that quietly filter waste from the body. To keep them healthy, it's important to choose the right foods. Certain fruits are rich in vitamins, minerals, and antioxidants that help combat inflammation and oxidative stress, giving your kidneys a natural boost. Some fruits can even lower the risk of kidney stones, supporting long-term kidney health. Here's a look at delicious fruits that naturally promote kidney wellness and keep your body running smoothly.

These little berries are bursting with antioxidants called anthocyanins. They help protect your kidneys by reducing inflammation and fighting off oxidative stress. Enjoying blueberries regularly can boost and may help

give your kidneys a gentle keep them healthier berries are known in warding off infections (UTIs). to a recent review in JAMA (The the American Medtion), cranberry prodshown to lower the chance

for longer. Cranfor their role urinary tract According published Journal of ical Associaucts have been of getting UTIs

in various groups of people. By reducing infections, they ease the workload on your kidneys. Cranberries help fight inflammation and protect against cell damage, making them a great choice for supporting both urinary and kidney health. Apples have fibre, vitamin C and natural compounds that help calm inflammation. According to the National Kidney Foundation, apples are great for kidney health thanks to their antioxidants, fibre and low potassium levels, all of which support kidney detoxification and reduce inflammation. Eating apples regularly can also help lower cholesterol naturally, easing the strain on your kidneys. So, adding apples to your everyday diet is a simple and tasty way to give your kidneys a boost.

Seasonal Sips: 4 Perfect Pairings to Elevate Your Plate

reat meals are memorable, but when paired with the right spirit, they become extraordinary. A well-thought-out pairing doesn't just highlight flavours. It creates harmony, with each sip complementing every bite. Whether you're hosting a dinner party, celebrating a special occasion, or indulging in a cosy evening for yourself, matching food with the right drink can turn the ordinary into an occasion.

To guide us through this art, Gaurav Kurana, Head of New Product Development and Ouality at Modi Illva, shares four food and spirit pairings that promise to delight your palate.

Charred Tandoori Chicken Skewers

Tandoori chicken skewers are a crowd favourite: smoky, spiced, and bursting with flavour. The subtle char from the grill and aromatic spices make



them perfect for a whisky pairing that can stand up to bold flavours.Pro Tip: Pair it with whisky with a rich golden hue and warm, well-rounded notes, such as Rockford Reserve. The whisky's rich oak and mellow sweetness complement the smoky chicken and tangy marinade, creating a symphony of flavours that'll leave your taste buds cheering.

Truffle Mac & Cheese Bites

These bite-sized mac & cheese balls are creamy, cheesy, and infused with a hint of truffle oil for extra luxury. Perfect for snacking while sipping a spirit that balances richness with subtle warmth. Pro Tip: Pair this with a smooth and complex whisky like Singhasan. Its smooth, refined profile with notes of oak and subtle spice cuts through the richness of the truffle and cheese, making every bite sip-worthy.

Citrus & Herb Grilled **Prawns**

These prawns are marinated with citrus, garlic, and herbs,

then grilled to perfection. They're light, flavourful, and ideal for a refreshing spirit pairing that doesn't overpower the delicate seafood flavours.Pro Tip: Pair with Artic Vodka. Its crisp, clean taste elevates the citrus and herb notes in the prawns, creating a bright, refreshing combination that's perfect for summer evenings or casual get-togethers.

Tandoori Lamb Chops

Nothing beats the smoky, spiced perfection of tandoori lamb chops - charred just right and bursting with flavour. The rich marinade, infused with yoghurt, garlic, and garam masala, complements the depth and warmth of a whisky perfectly. Pro Tip: Pair this with a smooth and complex whisky like Singhasan. Its golden caramel notes and mellow oak undertones accentuate the smokiness of the lamb and balance the spices, creating a bold, memorable experience.

FIFA Threatens all india football federation with suspension for 'third party interference'

FIFA Threatens Football Federation

New Delhi: The All India Football Federation is on the brink of another suspension if it fails to adhere to FIFA's regulations. The All India Football Federation (AIFF) is facing a suspension from FIFA due to "third-party interference." FIFA has given AIFF a deadline of August 30 to finalize and implement a revised constitution, warning failure to do so could lead to suspension. FIFA has reminded AIFF of its obligation to manage its affairs independently and without undue third-party influence. FIFA has requested the AIFF to secure a definitive ruling on its constitution, which will align with the statutes and regulations of both FIFA and the Asian Football Confederation, with a hearing scheduled for August 28 in the Supreme Court. "This prolonged impasse has precipitated a governance and operational crisis. Clubs and players remain uncertain regarding the domestic com-



petition calendar; commercial partnerships beyond December 2025 remain unconfirmed; and essential functions relating to development, competitions, and marketing are increasingly compromised. The resulting lack of financial stability has had a profoundly negative impact on India's football ecosystem, particularly affecting footballers employed by clubs participating in the Indian Super League (ISL), which is organized under the auspices of the AIFF," read the letter sent to the AIFF, as per the Indian Express. The Indian Super League schedule has been delayed due to a deadlock between AIFF and FSDL, with both parties set to appear in court on Thursday to resolve the issue. FIFA has warned that the AIFF could face severe consequences if it fails to finalize its constitution and eliminate third-party interference. Failure to do so could lead to sanctions. including suspension, as per the FIFA and AFC Statutes. The letter also stated that a member association may face consequences for third-party influence, even if not directly at fault. A suspension would result in the loss of all AIFF's rights as a FIFA and AFC member. FIFA is dissatisfied with FIFPRO's feedback regarding the termination of footballers' contracts due to financial instability in the country's football eco-

Rangers' 3 home runs help Corbin in win over Angels

Mumbai: The Texas Rangers defeated the Los Angeles Angels 7-3 on Tuesday, marking Patrick Corbin's first winning start since July 10. Corbin pitched a season-high scoreless eight innings, striking out eight batters, including five of the final six. The Rangers had only seven hits, with Adolis Garcia leading the way with two home runs and Seager scoring twice. Los Angeles starter Yusei Kikuchi struggled with his command from the first batter and surrendered six runs on four hits and three walks. The Rangers capitalized in the first inning with Wyatt Langford and Seager walked, and Langford raced home on a double by Garcia. Josh Jung followed with a single that plated Seager, sending Garcia to third. Helman added to the lead with a two-run homer in the second.



and Higashioka blasted a solo shot in the fourth to expand the margin to 6-0. Seager ripped his solo shot in the seventh. his 20th home run of the season. Los Angeles added to the lead in the ninth when Zach Neto homered off Rangers reliever Danny Coulombe. Jo Adell reached the second deck in left field with a home run that brought the Angels within four runs. The Rangers announced that right-handed starter Nathan Eovaldi would miss the remainder of the regular season with a strained right rotator cuff.

As McKennie is left out of S. Korea & Japan friendlies, Soccer-Pulisic rejoins US team

Japan: Christian Pulisic has been named in the U.S. squad for the friendly matches against South Korea and Japan after skipping the CONCACAF Gold Cup. Midfielder McKennie, who was unavailable for the Gold Cup due to Juventus' participation in the Club World Cup, remains absent from the U.S. squad. Fulham left back Antonee Robinson is also missing as he continues his return to fitness following an injury. Forward Giovanni Reyna and goalkeeper Matt Turner did not make the cut, but full back Sergino Dest returns to the U.S. fold for the first time since recover-



ing from an Anterior Cruciate Ligament injury. Winger Timothy Weah has also been included in the squad. The U.S. will host South Korea in New Jersey on September 6 and Japan in Ohio on September 9. The roster includes

goalkeepers Roman Celentano, Matt Freese, Jonathan Klinsmann, and defenders Max Arfsten, Noahkai Banks, Tristan Blackmon, Sergino Dest, Alex Freeman, Nathan Harriel, Tim Ream, and Chris Richards.

Alyssa Thomas scores a tripledouble that breaks the record

New York: The Phoenix Mercury defeated the Los Angeles Sparks 92-84, breaking a virtual tie with the New York Liberty for fourth in the WNBA standings. Alyssa Thomas scored a record-breaking triple-double, including 11 of her 12 points in the second half. The Mercury had 28 assists on 33 made baskets and a 9-for-15 bench shot from 3-point range. Sam Whitcomb and DeWanna Bonner led the attack, while Kahleah Copper added 18 points for Phoenix. Dearica Hamby, Rickea Jackson, and Kelsey Plum contributed to the Sparks' 20 points. Los Angeles trailed by six after the opening quarter but rallied for its first lead. The Mercury



regained an eight-point lead with two baskets from Sam Whitcomb and Kahleah Copper. Rickea Jackson had 21 points despite an injury scare, and Kelsey Plum scored 20. The Mercury's largest lead was 13 points with 3:57 left in the game. Jackson suffered an ankle injury in the final minute of the quarter, but returned midway through the fourth frame.

Coach claims that Archer Sharvari can herald "new gen" archers

Chennai: Maharashtra's Sharvari Shende, 16, has become the third Indian woman to win an U18 world recurve title, following Deepika Kumari in 2011. Shende's coach, Kunal Taware, praised her for her sharp-mindedness, strength, and ability to capture the skills needed for the recurve bow. She learned archery from Taware at GG



International School in Pimpri-Chinchwad and switched to recurve archery under his advice. In 2022, Shende competed at the 2023 World Archery Youth Championships in Ireland, where she lost in the quarterfinal to Chinese Taipei. Three years later, Shende has turned fortunes in her favor and is considered one of the future talents to watch. Taware believes that Indian recurve archers can have the best outing in the LA2028 Olympics if they continue with this mentality. However, Shende's lack of facilities to train may be a concern for her, as she currently trains at a friend's builder's ground, which could become unsuitable for her.

"Challenging conditions" hitting will help them get ready for the season, according to the Tennessee coach

Chennai: Tamil Nadu head coach M Senthilnathan emphasizes the importance of players adapting and learning about conditions in preparation for the Ranji Trophy season. Both Tamil Nadu teams performed well in round three of the All-India Buchi Babu Invitational tournament, despite some short blips, at Gojan college grounds. The TNCA President's XI, led by all-rounder M Shahrukh Khan, ended day one with 266 runs in 83.2 overs against Chhattisgarh and 203 runs in 61.4 overs

against Bengal, threatening to restrict Bengal to a low score, M Senthilnathan, who is overseeing the President's XI, appears less concerned about the performances of both TN sides despite poor returns against Chhattisgarh. Senthilnathan emphasized the importance of players adapting and learning about conditions for the Ranji Trophy season. He believed that the boys are learning to handle pressure and adapt to the challenging conditions, especially with the TNCA XI being inexperienced. The



speaker suggests that if the youngsters adapt to the situation by 5-10 percent, it may be easier for them. Shahrukh

Khan has not scored a significant run in the tournament, but coach Senthilnathan believes he is an experienced

with openers Pradosh Ranjan Paul and Andre Siddarth contributing to the runs. Pradosh, who has been a prolific stroke maker in his younger days, has adapted his style of play for the team's sake, ensuring they end up with a fighting score. The team's strength is evident in the challenging wickets, especially in the first hour. The team's success is expected to be a positive sign for the upcoming season.

player who will eventually

get runs. The top order in

both teams has been strong,



Chopra hopes to win a trophy in the | An Australian who nearly defeated Coco final and throw another 90 meters

New Delhi: Neeraj Chopra, a two-time Olympic medallist, is expected to reclaim the Diamond League trophy in Zurich with a repeat of his 90m performance, which has been his season's highlight. Chopra participated in two Diamond League meetings featuring men's javelin throw, qualifying for the Finals with 15 points.

The player missed the Silesia and Brussels legs on August 16 and 22, respectively, and won the DL trophy in 2022, with the top six advancing to the finals. The Diamond League Final in the men's javelin event will be held over two days, with six events on Wednesday and 26 events on Thursday. The winner of each event will be named the champion and receive a DL trophy, prize money ranging from USD 30,000 to USD50,000, and wild card entries to the World Championships in

The men's javelin will feature Tokyo Olympics gold medallist and Paris Games silver winner Chopra against defending champion Anderson Peters and Germany's Julian Weber in the seven-man final. Kenya's 2015 world champion Julius Yego, Keshorn Walcott, and Andrian Mardare entered the field as athletes in the top-6 in the points table.



Weber has the longest throw of this year at 91.06m, which he produced to beat Chopra in Doha DL on May 16. Chopra's 90.23m in Doha DL is the third longest throw of the season. Chopra and Weber have finished 1-2 alternately in the two DL clashes this season, and the contest for glory is also expected to be between the two.

Chopra has had an eventful year, first achieving the 90m throw early in the season and then hosting the NC Classic in Bengaluru. A win on Thursday will be a perfect build-up and morale-booster ahead of his defense of the World Championships crown next month in Tokyo.

Gauff at the US Open. 5 important facts Ajla Tomljanovic

Australian: Ajla Tomljanovic from Australia defeated Coco Gauff in their first-round US Open match. Ajla Tomljanovic defeated Coco Gauff in the US Open first-round match, but Gauff won the second round 6-4, 6-7 (2), 7-5. Tomljanovic double-failed in the first game and got broken six times, causing her to reach the second round at Flushing Meadows Tennis fans have praised 32-year-old Tomljanovic's fighting spirit, and five key points about her have been gathered. She dated Australian tennis player Nick Kyrgios from 2015 to 2017, and later Italian star Matteo Berrettini from 2019 until their 2022 split. She is currently single. At her peak, Tomljanovic reached a career-high singles ranking of world No. 32 on April 3, 2023. As of August 2025, she sits at



No. 123. Tomlianovic is not married and has no husband. While her net worth is not published on public domains, WTA notes that she has won over \$500,000 in her career. Tomlianovic's resume includes four ITF singles titles, three ITF doubles titles, and a 2009 Australian Open girls' doubles win with Christina McHale. She is currently working with Alessandro Bega. Her family includes father Ratko, mother

Emina, and sister Hana, who sparked his tennis journey at age 7. Tomljanovic's go-to shot is the backhand, and she thrives on hard courts, fluently speaking Croatian, English, and German The individual enjoys The Hangover with Brad Pitt, hip hop, and family visits to Charlotte, North Carolina. They are a basketball fan and dislike loud chewing, with their favorite tennis moment being with Chris Evert.

Massive 'Overseas Leagues' Update, Shock IPL Retirement Announced by Ravichandran Ashwin

New Delhi: R Ashwin has ended his IPL career. playing for his hometown franchise, the Chennai Super Kings. Ravichandran Ashwin, a renowned Indian cricketer, has announced his retirement from the Indian Premier League (IPL). Ashwin, who last played for the Chennai Super Kings in the 2025 T20 league, retired from international cricket in December 2024. This comes as a shock, as rumors suggested he might return to the Rajasthan Royals for the 2026 campaign auction. Ashwin announced his retirement from Indian cricket on X, marking the start of a new chapter where he plans



to "explore" global leagues. "Special day and hence a special beginning. They say every ending will have a new start, my time as an IPL cricketer comes to a close today, but my time as an explorer of the game around various leagues begins today," he said. "Would like to thank all the franchisees for all the wonderful memories and relationships over the years and most importantly the @IPL and the @BCCI for what they have given me until now. Look forward to enjoying and making the

me." Ashwin added, According to the Board of Control for Cricket in India (BCCI) policy, no Indian cricketer can participate in leagues abroad unless they retire from international cricket and also quit the Indian Premier League. Ashwin's decision to leave the IPL seems to have stemmed from his interest in playing cricket in different parts of the world. Ashwin, a premier spinner in the T20 league, made his debut in 2009 and has since played in 221 IPL matches. He has an average of 30.22 wickets, 7.20 economy rate, and 25.2 strike rate, with one four-wicket haul

most of what's ahead of

Yankees and Giancarlo Stanton want to sween the nationals

Los Angeles: Giancarlo Stanton's return from a day off made a significant impact on Tuesday, as he hit his first game with at least five RBIs in over three years. Stanton will attempt to lead the Yankees to a fourth straight win and a three-game sweep of the visiting Washington Nationals on Wednesday afternoon. Stanton, who did not make his season debut until June 16 due to an elbow injury, is hitting.354 with runners in scoring position this season. In the past 13 games, coinciding with his return to the outfield as Aaron Judge nurses a flexor tendon injury. Stanton is batting.472 with seven homers and 18 RBIs. The Nationals are attempting



to avoid a fifth straight loss, as they are 6-9 in their past 15 games and 9-17 over the past 26. CJ Abrams had three of Washington's eight hits on Tuesday, but the Nationals struck out 12 times and made two outs on the bases. Max Fried, coming off his best start in two months, will start the series finale for the Yankees, Cade Cavalli will make his sixth career start for the Nationals, his fifth this year.

When Prannoy loses badly to world No. 2 antonsen, he exits the worlds

Denmark: Indian shuttler HS Prannov nearly upset world No. 2 Anders Antonsen in Paris, but ultimately lost in the second round. The 2023 bronze medallist, despite holding two match points, lost a close-fought match 8-21, 21-17, 21-23. Prannoy, ranked 34th in the world, struggled in a match against Antonsen, who was on the attack. He played poorly in the first game and struggled to keep up with Antonsen's pace. After losing the second game, Prannoy regained momentum and continued to push

Antonsen to the brink, but his crucial errors cost him dearly. He wished he had taken more chances at the net and played patiently. Losing match points can be a significant setback. especially in major tournaments. It can change the course of the tournament and give confidence. However, losing points can drain effort and cause self-doubt. The individual expressed their desire not to be in such a situation. The 2022 Thomas Cup winner and world and Asian Games bronze medallist, Prannoy, has been



struggling with health issues such as a chronic stomach disorder, a back

injury, and chikungunya before the Paris Olympics. He has been working on improving his fitness, but struggles to keep up with younger athletes. Prannoy has taken a break after the Games. The athlete, Prannoy, acknowledges the high pace and slower reactions in the sport, stating that it is part of the sport's fast and explosive nature. He hinted at one final World Championship appearance before his body forces him to make a harder decision on his career, suggesting a maximum of one more year, possibly with a strong stretching routine.